

SUNDAY SERVICE NOTES

February 28, 2021
Ephesians 4:25-32

Practical aspects of the Jesus Walk

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Have you ever heard the Scripture from **Micah 6:8** quoted? *“He has told you, mortal one, what is good; And what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God?”*

Have you ever thought about practical ways to walk that out?

Today’s section of Scripture gives us some guidelines to follow as we grow in our desire to love God and others.

Ephesians 4:25-32 *Therefore, laying aside falsehood, speak truth each one of you with his neighbor, for we are members of one another. ²⁶ Be angry, and yet do not sin; do not let the sun go down on your anger,²⁷ and do not give the devil an opportunity. ²⁸ He who steals must steal no longer; but rather he must labor, performing with his own hands what is good, so that he will have something to share with one who has need. ²⁹ Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear. ³⁰ Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.³² Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.*

What are some of the overarching practical principles of God that can help navigate the journey of life as we desire to walk in the ways of Jesus?

1) We need to think collectively, not just individually. “No man is an island”.

Verse 25: *Therefore, laying aside falsehood, speak truth each one of you with his neighbor, for we are members of one another.*

Verse 28: *He who steals must steal no longer; but rather he must labor, performing with his own hands what is good, so that he will have something to share with one who has need.*

2) We need to remember life ultimately is more spiritual than physical

Insights

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1 CORINTHIANS 15:58

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Verses 26,27: *Be angry, and yet do not sin; do not let the sun go down on your anger,²⁷ and do not give the devil an opportunity.*

Verse 30: *Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.*

3) What we say has as much as or more power than what we do.

Verse 29: *Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.*

4) We need to grow in discernment in context of His ways.

Verse 29: *Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.*

5) We are made to be conduits of grace

Verse 29: *Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.*

- In speech
- In actions

6) God doesn't ask us to remove a death-filled act without filling it with a life-filled act.

Verses 31,32: *Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.³² Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.*

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LET'S
TALK
STORY

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Let's Talk Story Questions

As you reflect on Ephesians 4:25-32, ponder the following aspects of this section of Scripture and write down what the Father impresses upon you. If you are gathering with others, feel free to share some of your thoughts.

Thinking more collectively, not just individually. "No man is an island".

Practicing the reality that life is ultimately more spiritual than physical.

Aligning your speech and response habits to the truth that what we say has as much as or more power than what we do.

Growing in discernment concerning the context of His ways.

Looking for opportunities to be conduits of grace.

What life-filled acts can you start implementing in your life?

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